

SCRUFFIES NEWS

- In which we Weather Gale force, ten Year storm winds!!

“Neither Wind nor rain
nor heat nor gloom of
night stays these Intrepid
Sailors from their Sailing
Day!!!!

(and many take the opportunity to
practice dynamic jibes and Capsize
recovery)...”



*“Scruffie the Adventure Dog – Head Safety Advocate,
Helmet Specialist, Senior Weather dog, Specialist
Sailing Instructor, Jibe Master, Capsize recovery
Specialist”*

Scruffie is an All weather dog. He follows the Scout law and is cheerful under all circumstances, So when he heard we would have strong winds for Sailing day 3, He was very, very Excited.

This was the opportunity he had been waiting for. He wanted 2 things, 1.) Training for his crew in strong winds and jibing/capsizing and of course 2.) Putting his new Health and safety Knowledge into practice.

(Ed: Scruffie registered with Work safe Victoria to learn to be an expert safety dog (his friend Seemore insisted) – And here was a chance for practical health and safety. Scruffie was happy, the scouts even more so. And Safety was achieved without even noticing – Well done Scruffie!

- 15 Happy Youth Sailors
- 3 Red Pacers
- 8 Picos
- 25 km winds
- 25 Km Gusts
- 1 Sunny afternoon
- 1 busy rescue boat
- Perfect conditions for Safety training
- Heaps of rope to tie things down!!



SCOUT SKILLS

1. Sailing the course – in Strong winds

KEY OUTCOMES

- An Excellent days sailing

2. Safe tacks and controlled Jibes
3. Capsize and recovery

- Great experience in strong wind with gusts
- Capsizing mastered by most crews

THANKS

- Tony – Thanks again for getting the Boats ready _ Especially the Pacers for Our Leader sailors
- Thanks to all the leaders , Parents who Towed extra trailers.



Scruffie gets the crew ready for a Briefing. In a few minutes he will get angry. No Leaning on an Unsecured trailer. Thankfully Scruffie is a Safety Dog!



Scruffie teaches the Scouts the Basics. Left a bit Tony (Ed Port! Surely!) Around the Winward mark but watch for the Jibe.



Yup . Its that trailer again. Scruffie waits for Tony to finish talking and the moves evryone off the trailer. (Ed – Scruffie has recently done Health and safety at work and is very committed to his new Active risk management)



Scruffie Teaches Ryan how to do A controlled Jibe – After a number of attempts he eventually got it – Scruffie is very proud of the success he has had teaching Ryan (Ed Surely Ryan has played a role?)



Scruffie says” When rigging in high winds, point the Nose to the wind! “ (ED : Bow Scruffie, the front of the boat is called the Bow)



Teamwork, Two Skippers thread sail to Mast. Great team work says scruff, lets see you on the water,

Scruffie observes his new leadership recruits, Do they show team work, is there Coaching? Scruffie Says charm is a useful tool Sam, but careful not to overuse it!!



The Pico trolleys make such a difference as crews self launch and get ready. Even in High Wind (Of course Scruffie looks on to ensure that each crew gets away safely.



Launch goes ahead, centreboard down, Pull the GREEN rope to get the tiller board down, The GREEN rope, The green rope. Excellent Job!



2 novices. Scruffie had to stand back. Some learn better on their own Unsupervised (Ed: Are you sure Scruffie, Isn't that ASH? He's done this before?!)



All boats away. Scruffie takes up guard duty. No Sleep for the vigilant Safety Dog, (ED I hope Scruffie finishes his Health and safety course soon)



Scruffie notes that some crews experimented with various seating positions. Some more damp than others, but Scruffie loves Innovation.



The Winners in the capsizing competition. Great crew got in a lot of practice. Scruffie says he thinks they mastered it.



Tough one ! Shallow capsizing, This crew will try anything in the interests of mastering all variations.



What A great day – karkarook is such a great resource for the group and we are so lucky to have so many supporters and equipment, We need a bigger Shed. (Ed : And Scruffie want Trolleys for the PACERS, He says there is a risk of lower back pain !!)